**Original Pretzel (available at: Macomb, Oakland, Southland, Twelve Oaks - Café & Peddler & Westland Peddler)**

Serving Size 1/2 pretzel (75g) **Amount Per Serving Calories 200 Calories from Fat 9** % Daily Value

**Total Fat** 1g 2% Saturated Fat 0g 0% Trans Fat 0g **Cholesterol** 0mg 0% **Sodium** 160mg 7% **Total Carbohydrate** 41g 14% Dietary Fiber 2g 8% Sugars 1g **Protein** 6g **Vitamin A** 0% \* **Vitamin C** 0%

**Calcium** 0% **Iron** 15%

**Ingredients:**

Enriched wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, corn syrup, yeast, salt, bicarbonates, and carbonates of soda.

**Allergens:**

CONTAINS: Wheat

**Original Pretzel (available at: Westland Place only)**

Serving Size 1/2 pretzel (71g) **Amount Per Serving Calories 180 Calories from Fat 9** % Daily Value

**Total Fat** 1g 2% Saturated Fat 0g 0% Trans Fat 0g **Cholesterol** 0mg 0% **Sodium** 135mg 6% **Total Carbohydrate** 39g 13% Dietary Fiber 1g 4% Sugars 3g **Protein** 5g **Vitamin A** 0% \* **Vitamin C** 0%

**Calcium** 0% **Iron** 10%

**Ingredients:**

Enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid) water, fructose, yeast, sugar, salt, partially hydrogenated vegetable oils (soybean and/or cottonseed), mono- and diglycerides.

**Allergens:**

CONTAINS: Wheat

**Sweet Dough Pretzel (available at: Macomb, Oakland, Southland, Twelve Oaks – Café & Peddler)**

Serving Size 1/3 pretzel (57g) **Amount Per Serving Calories 170 Calories from Fat 14** % Daily Value

**Total Fat** 1.5g 2% Saturated Fat 0g 0% Trans Fat 0g **Cholesterol** 0mg 0% **Sodium** 240mg 10% **Total Carbohydrate** 35g 12% Dietary Fiber 1g 4% Sugars 5g **Protein** 4g **Vitamin A** 0% \* **Vitamin C** 2%

**Calcium** 0% \* **Iron** 10%

**Ingredients:**

Enriched wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, fructose, yeast, sugar, partially hydrogenated vegetable shortening (contains soybean and cottonseed oil), salt, bicarbonates of soda.

**Allergens:**

CONTAINS: Wheat

**Pretzel Sticks (available at: Macomb, Southland and Westland Peddler)**

Serving Size 3 sticks (42g) **Amount Per Serving Calories 110 Calories from Fat 5** % Daily Value **Total Fat** 0.5g 1% Saturated Fat 0g 0% Trans Fat 0g **Cholesterol** 0mg 0% **Sodium** 90mg 4% **Total Carbohydrate** 23g 8% Dietary Fiber 0g 2% Sugars 0g **Protein** 4g **Vitamin A** 0% \* **Vitamin C** 0%

**Calcium** 0% **Iron** 8%

**Ingredients:**

Enriched wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, corn syrup, yeast, salt, bicarbonates, and carbonates of soda.

**Allergens:**

CONTAINS: Wheat

**Pretzel Nuggets (available at: Oakland, Twelve Oaks – Café & Peddler & Westland Place)**

Serving Size about five bites (53g) **Amount Per Serving Calories 140 Calories from Fat 5** % Daily Value **Total Fat** 0.5g 1% Saturated Fat 0g 0% Trans Fat 0g **Cholesterol** 0mg 0% **Sodium** 110mg 5%

**Total Carbohydrate** 31g 10% Dietary Fiber 1g 4% Sugars 1g **Protein** 4g **Vitamin A** 0% \* **Vitamin C** 0%

**Calcium** 0% **Iron** 10%

**Ingredients:**

Wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, corn syrup, yeast, salt, bicarbonates, and carbonates of soda.

**Allergens:**

CONTAINS: Wheat

**Sweet Dough Pretzel Nuggets (available at: All locations except Westland – Place)**

Serving Size 4 nuggets (45g) **Amount Per Serving Calories 160 Calories from Fat 15** % Daily Value **Total Fat** 1.5g 2% Saturated Fat 0g 0% Trans Fat 0g 0% **Cholesterol** 0mg 0% **Sodium** 220mg 9% Total Carbohydrate 32g 11% Dietary Fiber 1g 4% Sugars 4g Protein 4g **Vitamin A** 0% **Vitamin C** 0% **Calcium** 0% **Iron** 8%

**Ingredients:**

Enriched Wheat Flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Water, Fructose, Yeast, Sugar, Vegetable Shortening (palm oil), Salt, Malt, Bicarbonates, and Carbonates of Soda.

**Allergens:**

CONTAINS: Wheat

**Pretzel Mini Hot Dogs (available at: All locations)**

Serving Size 3 pieces (68g) **Amount Per Serving Calories 190 Calories from Fat 60** % Daily Value **Total Fa**t 7g 11% Saturated Fat 2.5g 13% Trans Fat 0g **Cholesterol** 10mg 3% **Sodium** 460mg 19% **Total Carbohydrate** 24g 8% Dietary Fiber 1g 4% Sugars 4g **Protein** 6g **Vitamin A** 0% **Vitamin** C 0% **Calcium** 4% **Iron** 6%

**Ingredients:**

Beef Frankfurter (beef, water, salt, sorbitol, potassium lactate, natural flavorings, sodium phosphate, hydrolyzed corn protein, paprika, hickory smoke flavor, sodium diacetate, sodium erythrobate, sodium nitrate), Enriched wheat flour (flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, brown sugar, vegetable shortening (palm oil), salt, yeast, vinegar, barley malt (wheat flour, dextrose, malted barley), bicarbonates and carbonates of soda.

**Allergens**:

Milk, Wheat

**Pretzel filled with Sweet Cream Cheese (available at: All locations except Westland – Place)**

Serving Size 1 Pretzel (99g) **Amount Per Serving Calories 270 Calories from Fat 60** %Daily Value **Total Fat** 7g 11% Saturated Fat 4g 20% Trans Fat 0g **Cholesterol** 15mg 5% **Sodium** 350mg 15% Total Carbohydrate 45g 15% Dietary Fiber 2g 8% Sugars 6% Protein 7g **Vitamin A** 4% **Vitamin C** 0% **Calcium** 2% Iron 15%

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**Ingredients:**

Enriched unbleached flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, sweet cream cheese filling (pasteurized milk and cream, sugar, salt, cheese culture, modified food starch, stabilizers [carob bean and/or guar and/or xanthan gums], vanilla, potassium sorbate [preservative], graham crumb topping (enriched wheat flour [wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], sugar, palm oil, graham flour, brown sugar, salt, baking soda, natural flavor, annatto [color], yeast, canola oil, sugar, dough conditioner (wheat flour, malted barley flour, mono- and diglycerides, soybean oil, salt), salt, bicarbonates and carbonates of soda.

**Allergens**: CONTAINS: Milk, Soy Beans, Wheat

**Pretzel filled with Jalapeno Pepperjack Cheese (available at: All locations)**

Serving Size 1/3 pretzel (59g) **Amount Per Serving Calories 160 Calories from Fat 36** % Daily Value

**Total Fat** 4g 6% Saturated Fat 2g 10% Trans Fat 1g **Cholesterol** 10mg 3% **Sodium** 460mg 19% **Total Carbohydrate** 25g 8% Dietary Fiber 1g 4% Sugars 1g **Protein** 6g **Vitamin A** 2% \* **Vitamin C** 0%

**Calcium** 6% **Iron** 8%

**Ingredients:**

Enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, pepper jack cheese filling (cheese [cheddar and Monterey Jack {milk, cheese culture, salt, enzymes}], whey, partially hydrogenated soybean oil, food starch-modified, sodium phosphate, jalapeno peppers [jalapeno peppers, vinegar, salt], salt, lactic acid, sodium alginate, sorbic acid as a preservative, apocarotenal [color]), jalapeno

peppers (jalapeno peppers, salt, acetic acid, sodium benzoate), shredded Monterey jack cheese (Monterey Jack and american cheese [cultured milk, salt, enzymes], cream, parmesan cheese, enzyme modified cheese, sodium phosphate, salt, sorbic acid [as a preservative], powder cellulose with potato starch and enzymes), yeast, corn syrup, yeast food (salt, calcium sulfate, ammonium sulfate, wheat flour, potassium bromate), bicarbonates, and carbonates of soda

**Allergens:** CONTAINS: Milk, Soy, Wheat

**Pretzel filled Pizza (tomato sauce & cheese) (available at: All locations except Westland – Place)**

Serving Size 1/3 pretzel (59g) **Amount Per Serving Calories 150 Calories from Fat 27** % Daily Value

**Total Fat** 3g 5% Saturated Fat 1.5g 8% Trans Fat 0g **Cholesterol** less than 5... 2% **Sodium** 240mg 10%

**Total Carbohydrate** 25g 8% Dietary Fiber 1g 4% Sugars 1g **Protein** 7g **Vitamin A** 4% \* **Vitamin C** 0%

**Calcium** 8% **Iron** 8%

**Ingredients:**

Enriched wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, tomato sauce (water, tomato paste, dextrose, food starch-modified, garlic powder, salt, oregano, onion powder, basil, citric acid, black pepper, potassium sorbate, sodium benzoate, artificial color [FD&C red #40], natural flavors, cayenne pepper), low moisture part skim mozzarella cheese (cultured pasteurized part skim milk, salt, enzymes, sorbic acid), shredded parmesan cheese (pasteurized cow’s milk, culture, enzyme, salt, corn starch and cellulose added to prevent caking), yeast, flavor bits (partially hydrogenated vegetable oil [cottonseed, soybean], flour, tomato powder, salt, natural flavor, citric acid, lecithin, oregano, FD&C red #40, FD&C yellow #6, FD&C blue #1), corn syrup, grated herbal blend cheese (parmesan cheese [pasteurized cow’s milk, culture, enzymes, salt], pecorino romano cheese [pasteurized sheep’s milk, culture, enzymes, salt], garlic, basil, oregano, corn starch and

cellulose added as an anti-caking agent), natural pizza seasoning flavor (maltodextrin, modified food starch, natural flavor, citric acid, sodium benzoate [as a preservative]), bicarbonates and carbonates of soda

**Allergens:** CONTAINS: Milk, Soy, Wheat

**Bosco Cheese Filled Breadstick (available at: All locations except Westland – Peddler)**

Serving Size 1 Bread Stick (85g) **Amount Per Serving Calories 220 Calories from Fat 63** % Daily Value **Total Fat** 7g 11% Saturated Fat 3.5g 18% Trans Fat 0g **Cholesterol** 15mg 5% **Sodium** 310mg 13% **Total Carbohydrate** 27g 9% Dietary Fiber 1g 4% Sugars 1g **Protein** 12g **Vitamin A** 4% \* **Vitamin C** 0% **Calcium** 20% **Iron** 10%

**Ingredients:**

CRUST: FLOUR BLEND [ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE

MONONITRATE, RIBOFLAVIN, ENZYME, FOLIC ACID), WHOLE-WHEAT FLOUR], WATER, SUGAR, CORN OIL, DOUGH CONDITIONER (SOYBEAN OIL, MONO AND DIGLYCERIDES, SOY FLAKES), SALT, YEAST, LCYSTEINE. MOZZARELLA CHEESE: PASTEURIZED PART SKIM MILK, CHEESE CULTURES, SALT, ENZYMES. CONTAINS: MILK, WHEAT.

**Allergens:** CONTAINS: Milk, Wheat

**Bosco Pizza Filled Breadstick (Available at: Macomb, Oakland, Southland, Westland -Place)**

Serving Size 1 Pizza Stick (111g) **Amount Per Serving Calories 250 Calories from Fat 81** % Daily Value **Total Fat** 9g 14% Saturated Fat 4.5g 22% Trans Fat 0g **Cholesterol** 25mg 8% **Sodium** 550mg 23% **Total Carbohydrate** 31g 10% Dietary Fiber 1g 4% Sugars 2g **Protein** 11g **Vitamin A** 8% **Vitamin C** 6% **Calcium** 15% **Iron** 10%

**Ingredients:**

CRUST: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE,

RIBOFLAVIN, ENZYME, FOLIC ACID), WATER, CORN OIL, VITAL WHEAT GLUTEN, SALT, SUGAR, YEAST, LCYSTEINE. MOZZARELLA CHEESE: PASTEURIZED MILK, NONFAT MILK, CULTURES, SALT, ENZYMES. SAUCE: WATER, TOMATO PASTE, SUGAR, MODIFIED CORN STARCH, SALT, SPICES, MODIFIED CELLULOSE, GARLIC POWDER, A DEHYDRATED BLEND OF ROMANO CHEESE (PART SKIM COW’S MILK, CHEESE CULTURE, SALT, ENZYMES), SODIUM PHOSPHATE, CONTAINS LESS THAN 2% SILICON DIOXIDE AND SOYBEAN OIL. PEPPERONI: PORK, BEEF, SALT, SPICES, SUGAR, LACTIC ACID STARTER CULTURE, PAPRIKA OLEORESIN, GARLIC POWDER, SPICE EXTRACTS, SODIUM NITRITE, BHA, BHT, CITRIC ACID.

CONTAINS: MILK, WHEAT.

**Allergens:** CONTAINS: Milk, Wheat